STREET DRUGS TO WATCH IN (2021

As COVID-19 continues to negatively impact mental health, it's also changing which drugs are on the rise. Here are eight to watch.

compiled by Sprout Health Group

1 FENTANYL

Fentanyl surged in 2020, leading to a record number of deaths. Cheap and easy to produce, the synthetic opioid is cut into fake Percocet and Oxycodone pills, as well as cocaine, MDMA, Xanax and other street drugs.

Read more.

2 BENZODIAZEPINES

This highly addictive class of anti-anxiety drugs, which includes Xanax and Valium, has become increasingly available on the street. Overdoses have spiked as users mix pills with alcohol, opioids, and unwittingly, fentanyl. Read more.

3 CANNABIS

Cannabis was the most popular drug of the COVID-19 pandemic, with 46% of Americans increasing their use. As more states legalize recreational marijuana, cannabis stands to become even more prevalent in 2021.

Read more.

4 METH

Fatal meth overdoses have spiked over the last year and a half, particularly among individuals already struggling with opioid addiction. Deaths were rising even before the pandemic, but COVID-19 has worsened the problem. Read more.

5 COCAINE

After a long period of stability, cocaine overdoses tripled in the 5 years leading up to 2020. Although use over the last year fell as bars and nightclubs were forced to close, a post-pandemic party landscape in 2021 could mean a new surge. Read more.

6 PHENIBUT

Use of Phenibut, an unregulated anti-anxiety drug, began to skyrocket in 2018 and continued to rise amidst the COVID-19 pandemic. Without an immediate return to normalcy in 2021, it remains a drug to watch.

Read more.

7 KRATOM

A federally unregulated drug, Kratom made headlines in 2020 as more states introduced their own regulations. Advocates of the herb say it's a safer alternative to opioids, while critics point to its addictive properties. Read more.

8 LSD

Although "club drugs" lost their scene in 2020, psychedelics rose as people sought to mentally escape from a tough year. For LSD, the rise came after a pre-pandemic resurgence. Read more.





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